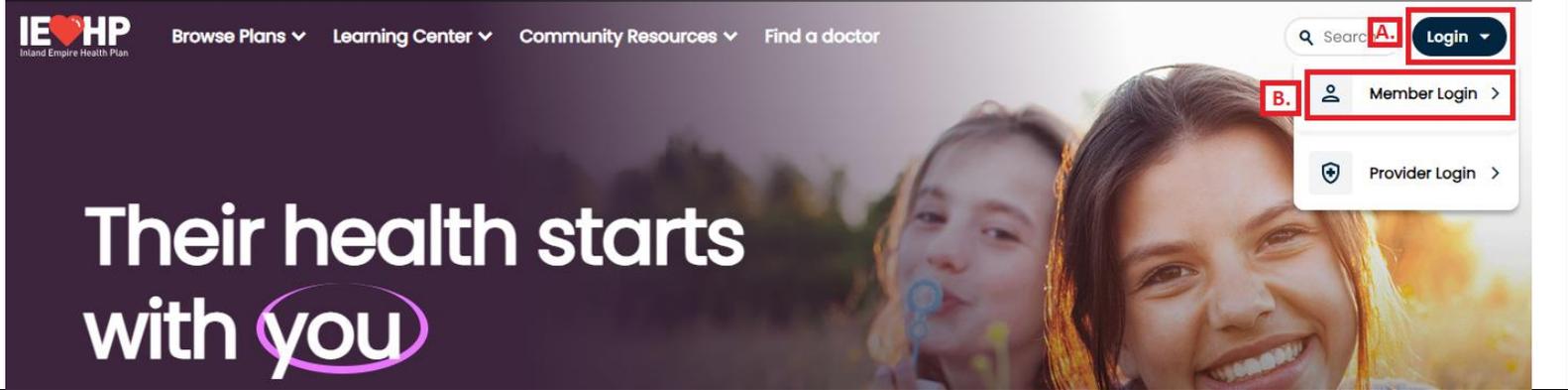
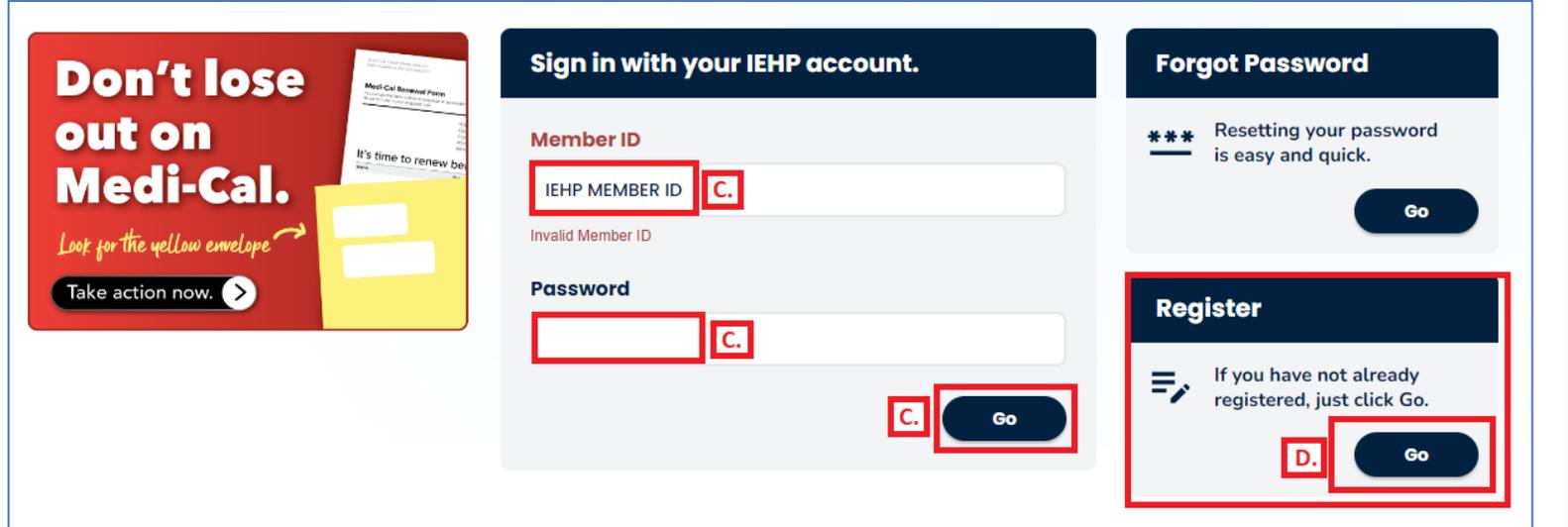


HOW TO SELF-REGISTER VIA IEHP MEMBER PORTAL

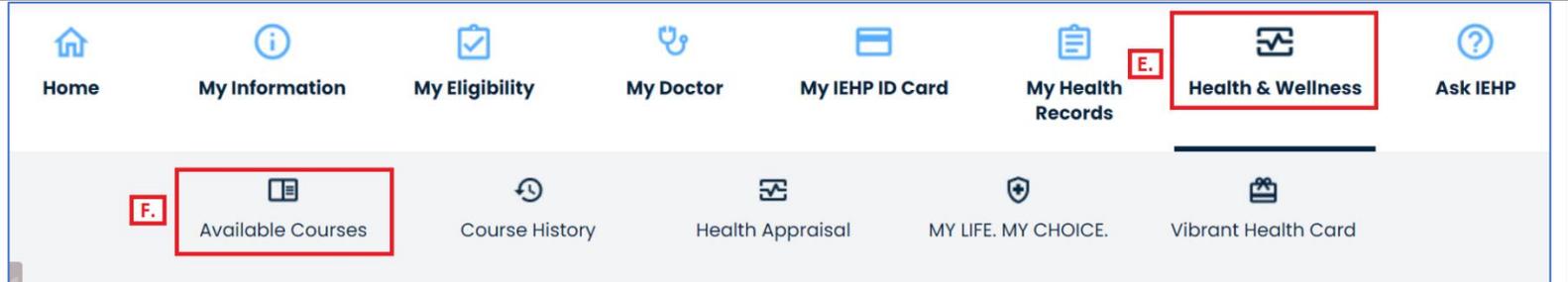
- A. Go to www.iehp.org.
On the Homepage, click on “Login.”
- B. Select “Member Login.”



- C. Enter Your MEMBER ID NUMBER and PASSWORD, then click “Go” to enter.
- D. To open a new account, in the Register box, click “Go” and follow instructions.



- E. On the Homepage, click on Health & Wellness.
- F. Click on Available Courses.



HOW TO SELF-REGISTER VIA IEHP MEMBER PORTAL

G. Select a Category to view Class/Material Topics.

Available Courses

IEHP offers health education activities designed to help you stay healthy. Simply click on the tabs below for activity details and to enroll.

A screenshot of the 'Available Courses' page. The page features a grid of eight rounded rectangular tabs. The tabs are arranged in two columns and four rows. The tabs are labeled: 'Early Childhood', 'Healthy Living', 'Managing Illness', 'Men's Health', 'Perinatal Health', 'Senior Health', 'Teen Health', and 'Weight Management'. A red rectangular box highlights the entire grid of tabs. A small red square with the letter 'G.' is positioned to the left of the 'Managing Illness' tab.

H. Click on the > to view the Class Schedule for the Topic.

< [Back to Available Courses](#)

Available Courses: Managing Illness

IEHP offers health education activities designed to help you stay healthy. Simply click on the tabs below for activity details and to enroll.

A screenshot of the 'Available Courses: Managing Illness' page. The page shows a list of two courses. The first course is 'Breathe Well, Live Well #1: Understand Your Asthma'. To the right of this course title is a small red square with the letter 'H.' and a circular button containing a right-pointing arrow (>). The second course is 'Breathe Well, Live Well #2: Control Your Asthma', which also has a circular button with a right-pointing arrow (>) to its right. A red rectangular box highlights the first course title and its right arrow, and another red rectangular box highlights the right arrow of the second course.

HOW TO SELF-REGISTER VIA IEHP MEMBER PORTAL

I. Review class date, time, location, and language. Click on "Register" to sign up.

Breathe Well, Live Well #1: Understand Your Asthma ⌵

Find out what happens in the lungs when asthma symptoms start, learn about asthma triggers, and how to avoid asthma attacks.

Course Name	Date	Time	Location	Available Seats	Language	Request
Breathe Well, Live Well #1: Understand Your Asthma	01/09/2024	4:00 PM - 5:00 PM	Mead Valley Family Resource Center - Room 215	35 of 36	English	I. Register
Breathe Well, Live Well #1: Understand Your Asthma	01/09/2024	4:00 PM - 5:00 PM	IEHP Community Resource Center - RIV - Victoria	29 of 30	Spanish	Register

J. Fill Out Form and click "Submit."

Course Register

Breathe Well, Live Well #1: Understand Your Asthma
1/9/2024
Language: English

Course Options

This course is offered in English. You may request an interpreter to attend the class with you, IEHP needs at least 5 business days to schedule an interpreter.

Interpreter Language (Optional)

Additional Person
(If primary person is under the age of 18, add at least one parent/guardian)

J. Submit